



*Mayor's Proclamation*

New Brunswick Wellness Week  
October 1-7, 2018

- Whereas** New Brunswick's Wellness Strategy has a vision of a healthy New Brunswick where together we learn, work, play and live in a culture of wellness, and where we recognize the instrumental role that local governments play in promoting and supporting this vision;
- And Whereas** wellness is about having a good quality of life and the ability of people and communities to reach their full potential in terms of health and fulfilment of purpose;
- And Whereas** New Brunswick Wellness Week provides opportunities for communities, organizations, schools and workplaces to promote and celebrate wellness by hosting wellness activities and events that address all dimensions of well-being and determinants of health;
- And Whereas** New Brunswick Wellness Week is held annually from October 1<sup>st</sup> – 7<sup>th</sup>;

**Now, Therefore,** I, Judy Wilson-Shee, Mayor of New Maryland, do hereby proclaim October 1 – 7, 2018 as Wellness Week in the Village of New Maryland. I encourage all citizens to participate in Wellness Week activities and for groups, organizations, schools and workplaces in the community to promote and celebrate wellness through the hosting of wellness activities and events.

In Witness Whereof:  
I have set my hand and caused the seal of  
Mayorality of the Village of New Maryland to be  
affixed hereto.



*Judy Wilson-Shee*  
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Judy Wilson-Shee  
Mayor