

THE NEW-BRUNSWICK DEMENTIA-FRIENDLY INITIATIVE PILOT PROJECT

Dear community member (caregiver),

This letter is an invitation to take part in a pilot project about dementia-friendly communities.

The main goals of this project include:

- (a) supporting communities in New Brunswick become dementia-friendly and,
- (b) helping these communities provide better support to people living with dementia and their caregivers.

This project involves such things like education and awareness raising that are designed to be a good fit for communities.

Nature of your participation

Your views as a caregiver are very important. We would like to talk with you about your needs and experiences as a caregiver of someone living with dementia. If you agree to participate in this study, you will be asked to participate in two interviews. These interviews will help us gain a better understanding of your needs as a caregiver, general knowledge, and awareness of dementia in your community.

First off, you will be asked to participate in a phone interview. Then, you will be asked to complete the same interview again six months later to see if your needs are being met and if you feel a greater sense of support within your community in relation to caring for a person living with dementia. Interviews will take approximately 30 to 40 minutes to complete, and they will be audio-recorded. Interviews will take place at a time that will accommodate you.

Participating in this project is voluntary, and you are free to withdraw at any time without penalty (no negative consequences). Your name will not be revealed, and your answers will be kept confidential.

We would also like to encourage you to participate in the dementia-friendly activities that your community will be implementing. Please note that participating in these activities is voluntary (not required).

If you have any questions about or are interested in participating in this research, please contact Dr. Julie Caissie (the researcher) via email julie.caissie@outlook.com by phone at 506-850-2303, or Samantha Hachey (project lead) via email shachey@nbanh.com or by phone at 506-460-6262.